

Massage Therapy

Program Description:

Our 500 Hour Massage Therapy Program is designed for learner to become proficient in massage therapy. The focus is aimed at the novice learner. The skill and knowledge addressed areas in full body massage therapy.

Module 1: Massage Therapy Program - 130 hours

- Business / Marketing
- Ethics
- Health & Hygiene
- Self Care
- Anatomy & Physiology
- Terminology & Techniques:
- Swedish techniques
- Senior techniques
- Deep tissue techniques
- Prenatal techniques
- Clinical Practice/ Technique

Module 2: Deep Tissue (Medical Massage) - 120 hours

- Deep Tissue Massage
- Contraindications
- Myofascial Release
- Trigger Point Therapy
- Carpal Tunnel Syndrome Relief
- On-Site Chair Massage
- Anatomy & Physiology & Kinesiology
- Facilitated Stretching
- Client Assessment
- Clinical Practice/ Technique

Module 3: Advanced Classes - 250 Hours

- Acupressure
- Shiatsu
- Aromatherapy
- Lymphatic Drainage
- Hot Stone
- Reflexology
- Cranial Sacral
- Sports Balance & Performance
- Spa Services
- Pathology
- Advanced Anatomy, Physiology & Kinesiology

- Skills Integration
- Business
- Clinical Practice/ Technique

Program Schedule:

Morning classes: Tuesday - Wednesday – Thursday 9:00 AM – 1:00 PM
Evening classes: Tuesday - Wednesday – Thursday 6:00 PM – 10:00 PM

Clinical Externship (CE) required 100 hours with the 24 hours a week minimum. No evenings or weekends for the CE available. All CE is completed in the regular business hours for the medical facility.

Admission Requirements:

To be considered for acceptance into the program, the applicant must meet the following criteria:

1. Student must have graduated from high school, or earned a GED and be at least 18 years of age.
2. Student must pay all applicable fees, as per the current published fee schedule prior to the issuance of an enrollment contract or make other arrangements acceptable to the school.
3. Student must complete Wonderlic Scholastic Level Exam, with a score of at least 19
4. ESL test is required for non-native speakers.

Licensure Requirements:

California massage therapists require obtaining license through the city or county in which they wanted to practice. The California Massage Therapy Council (CAMTC) implements a statewide certification process so that massage professionals can obtain certification.